LEINTWARDINE HISTORY SOCIETY

Wednesday 15th October 7.30pm
The Launch of the Victoria County
History project with Professor Charles
Watkins and Duncan James. Free to
non-members.

LAZY LUNCH

Wednesday 15th October 12 noon for 12.30pm.

NB: Lazy Lunches are specially for the over 65's. Booking is essential so please call Eileen on 01547 540365.

LEINTWARDINE WILDLIFE GROUP

Now the weather's taken a turn for the wetter, we kick off our season of talks on **October 14th** at the Leintwardine Centre. The first talk is "Curlews, Farmland Birds and Herefordshire Ornithology Club" 7:15 for a 7:30 start, £3 on the door.

LEINTWARDINE PLAYERS

Thursday 21st October 7 for 7.30pm A reading of a new play authored by Neil Cooper. All are welcome.

MORE EVENTS AROUND THE LOCALITY

LEINTWARDINE STITCHERS IN THE SUN INN

Tues 7th & Tues 21st October 2 - 4pm

We are a friendly group, meeting up for a chat, a drink and/or knitting.

Just turn up or contact Clare Tait on claremarie27@gmail.com
or call 01547 530153

NEIGHBOURHOOD POLICE

SURGERY Tuesday 28th October 11am – Noon Our local Community Support Officer will be available in the Leintwardine Centre car park to chat about local issues and answer your questions.

FUTURE EVENTS - SAVE THE DATE

THE LEINTWARDINE FROST FAIR

Saturday November 29th

in St Mary Magdalene Church.
All contributions of produce, baking, good-as-new gifts and toys, Christmas decorations and greenery, plants, tombola and raffle prizes will be much appreciated so please start planning and putting things aside now.

'I WISH I'D KNOWN.'

Saturday 8th November 10am in the Methodist Chapel. A discussion group to talk about planning ahead for bereavement, a conversation we postpone but may later rue. With Charlotte Bulley on legal matters, Carole Gloag on funerals, and your own contribution on ways you have been impacted. Come share and learn. Book with Viv Simkins 540749

For Hall, Private Room or Office hire, contact Sheila Smith on 07450 122132 or email: bookings@leintwardinecentre.co.uk

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Your monthly guide to events at the Leintwardine Centre and around the village



WHAT'S NEW THIS MONTH

CALL MY BLUFF

Friday 17th October 7.30pm
Yes, it's the return of your favourite evening entertainment! Once again you'll be challenged to decode the mind- tangling definitions of weird words delivered by a team of talented deceivers. £15 including a two-course meal. Licenced bar. Tickets only from Griffiths Garage.

A Complete Unknown (15) Thursday 9th October 7.30pm



Timothée Chalamet stars and sings as Bob Dylan in this electric true story of the rise of one of the most iconic singer-songwriters in history set in New York, 1961.

Against the backdrop of a vibrant music scene and tumultuous cultural upheaval, an enigmatic 19-year-old from Minnesota arrives with his guitar and revolutionary talent, destined to change the course of American music. He forges intimate relationships with music icons of

Greenwich Village on his meteoric rise, culminating in a performance that reverberates worldwide. Tickets £5.00, U18s and students £2.00. Available online at artsalive. co.uk, from Griffiths Garage and on the door. Licensed bar and refreshments from 7pm. Interval.

MINI CINI

Sunday 26th October 2pm

For young families (7 and under) on a half-term Sunday afternoon. This session starts with a short animation screening of **Roald Dahl's Revolting Rhymes** (PG). This is followed by craft activities for little ones with Olivia Mabey from Creative Minds Herefordshire. £2 per child, adults free (children must be accompanied by an adult). Refreshments will be available.

LEINTWARDINE CENTRE AGM

Wednesday 1st October 7.00pm. All are welcome.

WEEKLY EVENTS AT THE LEINTWARDINE CENTRE

YOGA FOR ALL IN LEINTWARDINE

Restorative, gentle yoga for wellbeing. Designed to develop and maintain flexibility, core and overall sense of physical and mental well being. Beginners welcomed and encouraged.

TUESDAYS 10 - 11am

Restorative Gentle Yoga; 11.15 Chair Yoga which includes sitting and standing postures that focus on maintaining and building balance and flexibility, breath work and relaxation techniques which may help with sleeping.

FRIDAYS 10 - 11

Restorative Gentle Yoga Please contact Lisa for more details 07976 785053 or lisakdukes@gmail.com

LEINTWARDINE NATURAL VOICE COMMUNITY CHOIR

Sing in harmony with your friends and neighbours. No auditions, no music reading, everyone welcome. Mondays 7pm at the Leintwardine Centre £6. First session free!

ZUMBA CLASSES Every Tuesday 6.20pm with Jess. £7.50 a class

VISITOR CENTRE Open every Tuesday and First Saturday 10.00am

12 noon in the Reading Room.

LEINTWARDINE JIGSAW EXCHANGE

Every Tuesday 10am – 12 noon; Thursday 1pm – 4.30pm or First Saturday 10 - 12 noon

Do you love a good jigsaw? Come along to the History Society Room and pick a puzzle from our collection. When it's finished swap it for another. Good selection of puzzles. No charges, no deadlines and no admin. The Jigsaw cupboard is now kept unlocked and can be accessed whenever the library is open. Donations of jigsaws are welcome but, as space is limited, please do not leave any that are too large for the cupboard.

PILATES

Every Thursday 10 -11am. Also at Leintwardine School Wednesday 6.30 - 7.30pm. Contact Janie 07989 748685

LEINTWARDINE LIBRARY

is open in the Reading Room.

- Tuesday 10.00am -1.30pm;
- Thursday 1.00pm 4.30pm;
- First Saturday each month 10.00am to 12 noon.

If you are interested in volunteering in the library please email Sheila at thosechilvers@gmail.com
Don't forget we're also a Talk
Community Hub for a free online well-being information and signposting directory for Herefordshire that provides details of local services, groups, activities and events.

STRENGTH & SMILES EXERCISE CLASS

Every Wednesday 9 – 10am
Join Nina's fun, upbeat strength
class designed to future-proof your
body. £10 per class PAYG or £8 block
booking. For more information contact
Nina Walmsley 07824 508536

MONTHLY EVENTS AT THE LEINTWARDINE CENTRE

FIRST SATURDAY COMMUNITY MARKET

Saturday 4th October 10am – Noon Our regular monthly get-together with lots of stalls of local produce, arts, crafts and gifts and, of course, refreshments. Free entry and all ages are welcome.